

The 12th International Conference on Psychiatry
“Psychiatry in General Medicine”
 Jeddah, Kingdom of Saudi Arabia
 7 - 9 April, 2016

PROGRAM AT A GLANCE

Lectures and Sessions

Thursday, 7th April 2016

Time	Program	Lecturer Name	Country
08:00- 08:30 am	Registration		
08:30- 09:00 am	OPENING CEREMONY		
	<p>Dr. Mohamed Khaled Secretary General of the Conference, Consultant Psychiatrist, Head of Psychiatry Department, SGH</p> <p>Dr. Mohamed Shawoosh Congress Chairman, Consultant Psychiatrist, Psychiatric Hospital Jeddah</p> <p>Prof. Mahdi Abu-Madini Associate Professor and Consultant Psychiatrist, Chairman, Department of Psychiatry, Dammam University, President Saudi Psychiatric Ass., Vice president Arab B of Psychiatry.</p>		

KEY LECTURE (1)

Time	Program	Lecturer Name	Country
09:00- 09:20 am	The interface Between Psychiatry and Diabetes Mellitus: Recent updates	Prof. Afaf Hamed Khalil Professor of Psychiatry-Ain Shams University, Cairo	Egypt
09:20- 09:40 am	Are we able to improve outcome of cardiac diseases by psychological intervention	Dr. Mohamed Shawoosh Consultant Psychiatrist Psychiatric Hospital Jeddah	K.S.A.

09:40 – 10:00 am	Domestic violence and PTSD, The Hidden Hurt	Dr. Dakhil Alsaedi Consultant Psychiatrist Faisal Specialized Hospital Jeddah	K.S.A.
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SESSION (1)

New concepts in Psychosomatic Medicine

Time	Program	Lecturer Name	Country
10:00 10:20 am	New Psychosomatic Concepts - How to bridge the gap between psychotherapy and biology	Prof. Otto Michel Lesch Univ. Prof. of Psych. and Neurol. at the Psychiatric Univ. Clinic, Vienna since 1991. President of the Austrian Soc. for Addiction Med.	Austria
10:20 – 10:40 am	Psychiatric expressions of internal medical and multi-system disorders	Dr. Richard Baker Consultant Psychiatrist and Internist, Adjunct Senior Lecturer Monash University	Australia
10:40 – 11:00 am	Psychosomatic Disorders: Need Integration of Mind, Body and Medicine	Prof Unaiza Niaz Advisory Council Member, Women's Mental Health, WPA. Advisory Board Member, International Association of Women's Mental Health, Vic President Eastern Mediterranean Region & Board Member WFMH, International Distinguish Fellow, APA	Pakistan

SESSION (2)

Integrated approach in Mental health

Time	Program	Lecturer Name	Country
11:00 – 11:20 am	Collaboratively Integrated Health and Wellness Care Solutions for Primary Care: The Integrated Health and Wellness Clinic-within-a-Clinic	Prof. Read Sulik Clinical Associate Professor at the University of Minnesota Medical School in the Department of Psychiatry. Chief Integration Officer Executive Director, Prairie Care Institute. Child Adolescent and Adult Psychiatrist	USA
11:20 – 11:40 am	How successful has the UK Dementia strategy proved to be for patients and their families	Dr. Peter Hasler Independent Mental Health Consultant Healthcare Management and Leadership / The Mental Health of older People	UK

SESSION (3)

New concepts in Substance Abuse

Time	Program	Lecturer Name	Country
11:40 – 12:00 pm	Substance Misuse in Acute Psychiatric Admissions of Young Adults	Dr Muhammad Iqbal Consultant Psychiatrist Lancashire Care NHS Foundation Trust Burnley & Pendle Complex Care and Treatment Team Pendle House	UK

12:00 – 12:20 pm	Exploring the Management of Cannabis Use among Women	Dr. Fares F Alharbi Assistant Professor, College of Medicine, KSAH-HS. Consultant of Psychiatry & Addiction Medicine. Mental Health Division, Medicine Dept., King Abdulaziz Medical City.	K.S.A.
12:20-01:00 pm Coffee Break & Al Dohr Prayer			

SESSION (4)

Focus on Some Important Topics in Psychiatry

Time	Program	Lecturer Name	Country
01:00 – 01:20 pm	The placebo therapy	Prof. Mohamed Ghanem Professor of Psychiatry- Ain Shams University	Egypt
01:20 – 01:40 pm	Faith-Based Healing (FBH) in Saudi Arabia	Dr. Ahmad Alsaleh Consultant Psychiatrist Director, Psychiatry Residency Training Program-Western Region	K.S.A.

KEY LECTURE (2)

Time	Program	Lecturer Name	Country
01:40 – 02:10 pm	Multidisciplinary Management of Bipolar Disorders	Dr. Rafat Alowesie Consultant Psychiatrist / Head of Psychiatry and Psychology Department in Sultan Bin Abdul-Aziz Humanitarian City	K.S.A.

KEY LECTURES (3)

Time	Program	Lecturer Name	Country
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02:10 - 02:40 pm	Antidepressants: one for all or all for one, the unfinished story.	Dr Adel Seraj Consultant of Psychiatry Erfan Hospital, Jeddah	K.S.A
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SESSION (5)

Time	Program	Lecturer Name	Country
07.00 - 07.20 pm	Delivering Recovery Focused Mental Health Care in Ireland- Implications for Services and Practice Development	Dr. Syed Ahmad Shah Registrar Child & Adolescent Mental Health Services, CASTLEBAR, CO Mayo,	Ireland
7.20 - 07.40 pm	The Psychiatrist as part of the problem	Prof. Abdulkarim Mustafa Consultant psychiatrist and Chairman of Serene Psychiatry Hospital	Bahrain
07.40 - 08.10 pm	A Comprehensive Review of Safety and Effectiveness of rTMS in Research and Practice	Dr. Mark A. Demitrack Consultant Psychiatrist Vice President and Chief Medical Officer of Neuronetics, Malvern, PA	USA
08.10-08.30 pm <i>Al Isha Prayer</i>			

KEY LECTURE (5)

New paradigm in the Management of Schizophrenia

Time	Program	Lecturer Name	Country
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08.30 - 09.00 pm	Advanced care and Optimizing treatment of Schizophrenia	Dr. Jose Manuel Olivares Head of the Department of Psychiatry at the University Hospital of Vigo (Spain) and Director of the Research Area of Neurosciences and Psychiatric Disorders at the Biomedical Research Institute of Vigo	Spain
09.00-09.30 pm	From Compliance to Therapeutic Alliance	Dr Ibtihaj Fallata Consultant psychiatrist Jeddah Psychiatric Hospital	K.S.A.

MEET THE EXPERTS (1)

Updates in Psychosis Management

Time	Lecturer Name
09.30 -10.15 pm	<p>Chairperson: Dr. Nawaf Al-Harathi, Consultant Psychiatry, Hospital Director Jeddah Psychiatric Hospital.</p> <p>Speakers: Dr. Jose Manuel Olivares Head of the Department of Psychiatry at the University Hospital of Vigo (Spain) and Director of the Research Area of Neurosciences and Psychiatric Disorders at the Biomedical Research Institute of Vigo, Spain. Dr Ibtihaj Fallata Consultant psychiatrist Jeddah Psychiatric Hospital, KSA</p>
	Gala Dinner 10.15 pm

PROGRAM AT A GLANCE

Lectures and Sessions

Friday, 8th April 2015

SESSION (6)

New paradigm in the Depression and Delirium in General Medicine

Time	Program	Lecturer Name	Country
02:00 – 02:20 pm	Arabian Gulf Psychosomatic Medicine Society	Dr. Fahad D. Alosaimi Assistant Professor of psychiatry & psychosomatic Medicine, College of Medicine, King Saud University, Riyadh	K.S.A.
02:20 – 02:40 pm	The Medical Burden; Update on Delirium	Dr. Sulaiman Henaki Consultant of Psychiatry & Psychosomatic Medicine Prince Sultan Medical Military City (PSMMC), Riyadh	K.S.A.
02:40 – 03:00 pm	Depressive Disorders in Cancer Patients	Dr. Ahmad Saad Alzahrani Psychiatry Consultant – Psychosomatic King Abdul Aziz Hospital Makkah	K.S.A.
03:00 – 03:20 pm	Depression in Cardiac Patients	Dr. Abdullah AlQahtani Psychiatry Consultant – Psychosomatic Medicine King Abdul Aziz Hospital Makkah	K.S.A.
03.30 - 04.00 pm Al-Asr Prayer			

SESSION (7)

New concepts in understanding Psychosomatic Medicine

Time	Program	Lecturer Name	Country
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04:00 – 04:20 pm	Prevalence of metabolic syndrome and its components in psychiatric patients with different psychiatric diagnoses in Saudi Arabia	Dr. Fahad D. Alosaimi Assistant Professor of psychiatry & psychosomatic Medicine, College of Medicine, King Saud University, Riyadh	K.S.A.
04:20 – 04:40 pm	Psychiatric Care of Patients with Hepatitis C with new emerging therapies	Dr. Sayed Abdulkader Staff psychiatrist at King Faisal Specialist Hospital, jeddah	K.S.A.
04:40 – 05:00 pm	Delirium in Pediatric Population	Dr. Tahani Abdu Al-Qassem Associate consultant, Child and Adolescent Psychiatrist Psychosomatic medicine Psychiatrist at KFH&RC	K.S.A.

SESSION (8)

Focus on Some Important Topics in Organic Brain Disease

Time	Program	Lecturer Name	Country
05:00 – 05:20 pm	Update in Traumatic Brain Injury	Dr .Abdullah Ozairi Assistant Professor, Consultant Neuropsychiatrist, Kuwait University	Kuwait
05:20 – 05:40 pm	Neuropsychiatric Aspect of epilepsy	Dr. Nemer Fahd Al Mosyab Consultant Psychiatry King Abdulaziz Hospital, National Guard, Al-Ehsaa	K.S.A.

SESSION (9)

Focus on Some Important Topics in Psychiatry

Time	Program	Lecturer Name	Country
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05:40 – 06:00 pm	Rediscovering Factitious Disorders	Prof. Mohamed R. Elfiqi Professor of Psychiatry Faculty of Medicine, Ain Shams Uni.	Egypt
06.00- 06.20 pm	Mind-Heart Relationship	Prof. Tarek Okasha Professor of Psychiatry, Faculty of Medicine, Ain shams University	Egypt
06.20- 06.40 pm	Depression between social and organic factors	Dr. Tareq Al-Shareef Consultant psychiatrist. National guard hospital Jeddah. Member of royal college of psychiatrist UK Prev. lecturer at Leicester university UK	K.S.A
06.40-07.00 pm Al Maghreb Prayer			

SESSION (10)

Psychotherapy the Science and Art

Time	Program	Lecturer Name	Country
07.00 - 07.20 pm	العلاج النفسي: ما بين الأمان والمضاعفات	Dr. Meshal Khalid Al Aqeel Assistant Professor and Consultant of Psychiatry and Psychotherapy, King Abdulaziz Medical City, Riyadh	K.S.A.
07.20 - 07.40 pm	Suitability of Cognitive Behavioral Therapy (CBT)	Dr. Ahmad Al Hadi Assistant Professor and Consultant of Psychiatry and Psychotherapy, College of Medicine, King Saud University, Riyadh	K.S.A.

SESSION (11)

Focus on Some Important Topics in Child Psychiatry

Time	Program	Lecturer Name	Country
07.40 - 08.00 pm	Autism Spectrum Disorder: Latest in Prevalence, Diagnosis and Interventions	Prof. Muhamad Waqar Azeem Chief of Psychiatry Albert J. Solnit Children's Center, Associate Clinical Professor Yale Child Study Center, Yale University School of Medicine , Distinguish Fellow APA and AACAP	USA
08.00 - 8.20 pm	Depressive Disorders in Children and Adolescents: An Update	Dr. Khalid A. Bazaid Assistant Professor & Consultant Child & Adolescent Psychiatry Children's Hospital of Eastern Ontario University of Ottawa	Canada
08.20-08.30 pm <i>Al Isha Prayer</i>			

KEY LECTURE (6)

Time	Program	Lecturer Name	Country
08.30 - 09.00 pm	Update on psychosis: new insights on Quetiapine	Prof. Aly Akram Professor of Psychiatry- Cairo University, Consultant of Psychiatry Erfan Hospital	K.S.A

KEY LECTURE (7)

Time	Program	Lecturer Name	Country
09.00-09.30 pm	New concepts in understanding of psychotic depression	Prof. Tarek Asaad Professor of Psychiatry, Ain Shams University Consultant psychiatrist. Basma Center Jeddah	K.S.A

KEY LECTURE (8)

Time	Program	Lecturer Name	Country
09.30-10.15 pm	The Social Brain Psychiatrist: Keeping Body and Mind Together	Prof. Ahmed Okasha Professor of Psychiatry, President of Egyptian Psychiatric Association, Former WPA President	Egypt

PROGRAM AT A GLANCE

Lectures and Sessions

Saturday, 9th April 2016

SESSION (12)

Clinical Perspectives in Child Psychiatry (A)

Time	Program	Lecturer Name	Country
09: - 09: 20 am	Anti-NMDA receptor encephalitis in psychiatry, case presentation	Dr. Amani saad Al Mwled Resident psychiatry under the supervision of Dr. Tahani Al Qassem	K.S.A.
09: 20 – 09:40 am	Childhood abuse: No, Go and Tell. A format for children to take action against abusers	Dr. Sarah Abdelbary Bougary Adult, Child and Adolescent Psychiatrist Purple Couch Clinic, Almashfa Hospital, Jeddah	K.S.A.
09: 40 – 10: 00 am	Neurodevelopmental Disorder in DSM-5 From Manual to Clinical Practice	Dr. Turki H Albatti Consultant & Head of Child and Adolescent Psychiatry Unit Collage of Medicine - KSU Riyadh	K.S.A.

SESSION (13)

Clinical Perspectives in Child Psychiatry (B)

Time	Program	Lecturer Name	Country
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10: 00 - 10: 20 pm	Child sexual abuse "the taboo"	Dr. Saad Omar AL Khateeb -Senior psychiatric consultant-/ Senior Child Psychiatric Consultant Jeddah Psychiatric Hospital	K.S.A.
10: 20 - 10: 40 pm	Management of disruptive mood dysregulation disorder in children and adolescents	Prof. Heba Elshahawi professor of psychiatry Ain Shams University	Egypt
10.40-11.00 am	Hoarding Disorder in Children and Adolescents	Prof. Balkozar Adam Associate Professor University of Missouri – Columbia	USA

SESSION (14)

Hot Topics in Psychiatry

Time	Program	Lecturer Name	Country
11: 00 -11: 20 am	Long-Acting Injectable (LAI) antipsychotics Reality and Myth	Prof. Ahmed El-Missiry Prof. of Psychiatry - Ain Shams University. Regional Representative – the Royal College of Psychiatrists in - UK	UK
11: 10 – 11: 30 am	Drug Abuse and Crime	Prof. Momtaz Abdel Wahab Professor of Psychiatry Cairo University	Egypt
11: 30 – 11: 50 am	Post traumatic stress disorder, Makkah view	Dr. Rajab Abdul hakim bresaly head section of psychiatric department, Hera general hospital Makkah	K.S.A.

11:50 – 12:10 am	Factors Associated With Adherence To Antidepressant Medications In Saudi Arabia	Dr. Khalaf ali aljumah Pharmacy director – Al Amal Hospital – Riyadh – Saudi Arabia	K.S.A.
12:10-01:00 pm Coffee Break & Al Dohr Prayer			

SESSION (15)

Clinical Perspectives in Depression

Time	Program	Lecturer Name	Country
1.00 1.20 pm	Post-stroke Depression: from biology to recovery	Prof. Medhat Basyouni Psychiatry department, faculty of medicine, Zagazig university	Egypt
1.20 1.40 pm	Transcranial Electromagnetic Stimulation In Treatment Resistant Depression	Prof. Muhammad Fadzillah Abdul Razak Professor of Psychiatry Dept Of Psychological Medicine, Uni. Malaysia Sarawak	Malaysia
1.40 2.00 pm	Depression and thyroid hormones : new findings need a new understanding	Dr. Aboeizz Kalboush Consultant Psychiatrist & Head of Psychiatry Unit in Alnoor Specialist Hospital - Makkah	K.S.A.

SESSION (16)

PSYCHOTHERAPY THE SCIENCE AND ART

Time	Program	Lecturer Name	Country
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2.00 2.20 pm	Methods of scientific research in psychotherapy	Prof Mustafa Reyad Professor of psychiatry, Cairo University	Egypt
2.20 2.40 pm	Mental health sigma in Oman, time for a dialogue	Dr Mohammed Al Alawi Clinical lecturer at the department of behavioral medicine, Sultan Qaboos University Hospital, Muscat	Oman
2.40 - 4.00 pm Lunch time & Al-Asr Prayer			

SESSION (17)

Focus on Some Important Topics in Psychiatry

Time	Program	Lecturer Name	Country
4.00 4.20 pm	Do You Experience Negative Thinking? Write It Down and Discard It.	Dr. Yasmin Othman Mydin Senior Lecturer and Counseling Psychologist Faculty of Medicine and Health Sciences, Universiti Sains Islam	Malaysia
4.20 4.40 pm	Health Psychology as Applied to Medicine	Dr. Saeed Wahass Associate Professor of Behavioral Sciences in Medicine, Consultant in Clinical Psychology / Neuropsychology, Department of Psychiatry, College of Medicine, Dammam University.	K.S.A.

4.40 5.00 pm	The Impact of Obsessive Compulsive Disorder on Verbal and Non-Verbal Memory and its relation to Symptoms Severity	Dr. Mohamed Salah Khalil Associate Professor of Behavioral Sciences in Medicine- Dammam University	K.S.A.
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SESSION (18)

Dilemmas in Some Psychiatric Problems

Time	Program	Lecturer Name	Country
05.00-05.20 pm	Life Stress Management	Dr. Alaa Farghaly Consultant Psychiatrist – Teaching Hospitals - Cairo	Egypt
05.20 - 05.40 pm	بحث المرض النفسي وأثره في سلوك الفرد	د. أشجان الزهيري أستاذ مساعد بكلية الحقوق بجامعة طيبة بالمدينة المنورة	K.S.A.
05.40 - 06.00 pm	The reality of psychological and social support interventions for patients with chronic diseases of public hospitals in Riyadh	Dr. Ali awde altalhi Senior Specialist / General Directorate of Health Affairs in Riyadh Dr. Muhammed Muhsen Sahaq social worker/ supervisor of studies and research unit in Al-amal Complex for mental health at Riyadh	K.S.A.
CLOSING CEREMONY 06 : 00 pm			